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NBA Basketball Offense Basics



Synopsis

Practice with Michael Jordan and Hakeem Olajuwon. Attend a coaching clinic led by Lenny Wilkins, Larry Brown, and George Karl. The great players and coaches of the NBA speak out on basketball fundamentals -- just for kids. Watch the stars in action with dozens of hard-driving, slam-dunking, coast-to-coast scoring photos, then listen as they explain what you have to do to master the skills to be a star. Learn how to pass from studying the secrets of best-ever Magic Johnson and Isiah Thomas; shooting from Paul Westphal; and rebounding from record-setter Jerry Sloan. Run successful offensive plays, with diagrams straight off NBA coaches' clipboards, and -- most important -- with photos featuring kids demonstrating every step.

Book Information

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Customer Reviews

Gr. 4[^]-8. Illustrated with many full-color photographs of NBA pros in action and young teens playing and performing drills, this attractive guide explains the basics of dribbling, passing, shooting, rebounding, and team play and discusses the varied philosophies of current NBA coaches and teams. The instructional chapters are particularly strong, describing and illustrating each skill and giving appropriate drills for young players. One chapter demonstrates a few set plays with clear diagrams and step-by-step instructions. Although the many references to current NBA players and their teams make the book sound up to date today, the frequency of trades in the league almost ensures that these same references will sound outdated in a year or two. Still, young people who want to improve their games will find plenty of good advice here in an appealing format. Carolyn Phelan

I love this book because you don't just read it once. The first thing I did was look at all the pictures. Next, I read the introduction. Then, I read the teamwork section. Then, I read the conclusion. Then, I tried some of the drills. Then, I showed the plays to my coach. And I still use this book, it's not just sitting on my bookshelf. This book will last you a long time, and is well worth the money. It's great for ANY basketball player, and it's even more ideal if the basketball player is an NBA fan.

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